

# MADISON-PLAINS JR.HIGH & HIGH SCHOOL MENU 2020-2021

|        | Monday   | Tuesday  | Wednesday   | Thursday   | Friday  |
|--------|--|--|---|--|---|
| MENU 1 | Chicken Patty<br>W/G Bun<br>Carrots<br>Assorted Fruit<br>Chilled Milk    | Quesadilla<br>Baked Beans<br>Fruit<br>Chilled Milk                         | Salisbury Steak<br>W/G Roll<br>Mashed Potatoes<br>Fresh Fruit<br>Chilled Milk | Popcorn Cicken<br>W/G Pretzel<br>Green Beans<br>Cool Crisp Fruit<br>Chilled Milk | Stuffed Breadsticks<br>Marinara Sauce<br>Broccoli<br>Irrestible Fruit<br>Chilled Milk |
| MENU 2 | Asian Chicken<br>Rice<br>Mixed Veggies<br>Colorful Fruit<br>Chilled Milk | Mexican Pizza<br>Cocoa Bar<br>Black Beans<br>Healthy Fruit<br>Chilled Milk | Grilled Cheese<br>Crackers<br>Tomato Soup<br>Cool Crisp Fruit<br>Chilled Milk | Corn Dogs<br>French Fries<br>Assorted Fruit<br>Chilled Milk                      | Cheesy Bites<br>Marinara Sauce<br>Romaine Salad<br>Yummy Fruit<br>Chilled Milk        |

### Choice of Pizza Everyday

**Disclaimer:** Madison Plains cannot guarantee trace amounts of potential allergens not listed on food labels for sensitive individuals.

### Breakfast Menu

| Monday | W/G/ Donuts<br>Fruit<br>Milk | Tuesday | Cereal Bar<br>Cheese Stick<br>Fruit<br>Milk | Wednesday | Soft Filled Bars<br>Fruit<br>Milk | Thursday | Cereal<br>Graham<br>Fruit<br>Milk | Friday | Breakfast Pizza<br>Yogurt<br>Fruit<br>Mik |
|--------|------------------------------|---------|---|-----------|-----------------------------------|----------|-----------------------------------|--------|---|
|--------|------------------------------|---------|---|-----------|-----------------------------------|----------|-----------------------------------|--------|---|

Follow the menu with its calendar day. Each week is represented with a color and represents a 2-week cycle menu.

| AUGUST  |    |    |    |    | SEPTEMBER |    |    |    |    | OCTOBER |    |    |    |    | NOVEMBER |    |    |    |    | DECEMBER |    |    |    |    |
|---------|----|----|----|----|-----------|----|----|----|----|---------|----|----|----|----|----------|----|----|----|----|----------|----|----|----|----|
| M       | T  | W  | TH | F  | M         | T  | W  | TH | F  | M       | T  | W  | TH | F  | M        | T  | W  | TH | F  | M        | T  | W  | TH | F  |
|         |    |    |    |    | 1         | 2  | 3  | 4  |    | 1       | 2  |    |    |    | 2        | 3  | 4  | 5  | 6  |          | 1  | 2  | 3  | 4  |
| 3       | 4  | 5  | 6  | 7  | 7         | 8  | 9  | 10 | 11 | 5       | 6  | 7  | 8  | 9  | 9        | 10 | 11 | 12 | 13 | 7        | 8  | 9  | 10 | 11 |
| 10      | 11 | 12 | 13 | 14 | 14        | 15 | 16 | 17 | 18 | 12      | 13 | 14 | 15 | 16 | 16       | 17 | 18 | 19 | 20 | 14       | 15 | 16 | 17 | 18 |
| 17      | 18 | 19 | 20 | 21 | 21        | 18 | 19 | 20 | 21 | 19      | 20 | 21 | 22 | 23 | 23       | 24 | 25 | 26 | 27 | 21       | 22 | 23 | 24 | 25 |
| 31      |    |    |    |    | 28        | 29 | 30 |    |    | 26      | 27 | 28 | 29 | 30 | 30       |    |    |    |    | 28       | 29 | 30 | 31 |    |
| JANUARY |    |    |    |    | FEBRUARY  |    |    |    |    | MARCH   |    |    |    |    | APRIL    |    |    |    |    | MAY      |    |    |    |    |
| M       | T  | W  | TH | F  | M         | T  | W  | TH | F  | M       | T  | W  | TH | F  | M        | T  | W  | TH | F  | M        | T  | W  | TH | F  |
|         |    |    |    | 1  | 1         | 2  | 3  | 4  | 5  | 1       | 2  | 3  | 4  | 5  |          | 1  | 2  |    |    | 3        | 4  | 5  | 6  | 7  |
| 4       | 5  | 6  | 7  | 8  | 8         | 9  | 10 | 11 | 12 | 8       | 9  | 10 | 11 | 12 | 5        | 6  | 7  | 8  | 9  | 10       | 11 | 12 | 13 | 14 |
| 11      | 12 | 13 | 14 | 15 | 15        | 16 | 17 | 18 | 19 | 15      | 16 | 17 | 18 | 19 | 12       | 13 | 14 | 15 | 16 | 17       | 18 | 19 | 20 | 21 |
| 18      | 19 | 20 | 21 | 22 | 22        | 23 | 24 | 25 | 26 | 22      | 23 | 24 | 25 | 26 | 19       | 20 | 21 | 22 | 23 | 24       | 25 | 26 | 27 | 28 |
| 25      | 26 | 27 | 28 | 29 |           |    |    |    |    | 29      | 30 | 31 |    |    | 26       | 27 | 28 | 29 | 30 | 31       |    |    |    |    |

**PRICES**  
**Grades K-6**  
 Breakfast: \$1.25/ Reduced: \$.30  
 Lunch: \$2.75/ Reduced: \$.40  
**Grades 7-12**  
 Breakfast: 1.45/ Reduced: \$0.30  
 Lunch: \$3.00/ Reduced: \$0.40

Extra milk: \$0.50  
 Adult lunch: \$3.75

**SCHOOL CHARGE POLICY:** Madison -Plains will allow 3 meal charges. After 3 unpaid meal charges After 3 charges, alternative meal of PB or Cheese Sandwich, Vegetable or Fruit and Milk will be given.

**No charges after May 7, 2021. Alternate meal will be given.**

Studies show students who eat breakfast are healthier, have better attendance, fewer behavior problems, and improved academic performance.

- Parents are encouraged to pre-pay for meals. Cash or check is accepted, for credit card visit [www.mplsd.org](http://www.mplsd.org) and select "EZPay Online Payment".
  - Menu is subject to change.
  - In the event of a two hour delay, breakfast will not be served.
  - A choice of 1% white or flavored milk is offered.
  - W/G = Whole Grain
- If medical reasons prohibit your child from certain foods, please complete a 'pink' food allergy form and return it to the building secretary.

